



## Libertas Ostia Runner Avis - Trittico di Primavera

### Classifica Femminile

Pos		Categ	Granai			Appia Run			Sulle orme di Enea			Totale
			Realtime	Abbuono	Tempo calc	Realtime	Abbuono	Tempo calc	Realtime	Abbuono	Tempo calc	
1	ESPOSITO LAURA	F40	00:48:28	00:05:30	00:42:58	01:01:37	00:05:30	00:56:07	00:49:54	00:05:30	00:44:24	02:23:29
2	PORTONE ALESSANDRA	F45	00:47:34	00:08:00	00:39:34	01:02:06	00:08:00	00:54:06			01:00:46	02:34:26
3	TUPINI PIERA	F50	00:48:04	00:10:30	00:37:34			01:23:07	00:50:16	00:10:30	00:39:46	02:40:27
4	ZAMMAR AMIRA	F40	00:49:00	00:05:30	00:43:30	01:03:27	00:05:30	00:57:57			01:00:46	02:42:13
5	ZEPI FRANCA	F70	01:06:25	00:20:00	00:46:25	01:28:40	00:16:00	01:12:40			01:00:46	02:59:51
6	IZZO BARBARA	F45	00:55:13	00:08:00	00:47:13			01:23:07	00:58:46	00:08:00	00:50:46	03:01:06
7	CORRAO SONIA	F50	01:05:26	00:10:30	00:54:56	01:24:27	00:10:30	01:13:57			01:00:46	03:09:39


## Libertas Ostia Runner Avis - Trittico di Primavera

### Classifica Maschile

Pos		Categ	Granai			Appia Run			Sulle orme di Enea			Totale
			Realtime	Abbuono	Tempo calc	Realtime	Abbuono	Tempo calc	Realtime	Abbuono	Tempo calc	
1	FASTELLI CLAUDIO	M50	00:43:21	00:07:00	00:36:21	00:53:32	00:07:00	00:46:32	00:42:39	00:07:00	00:35:39	01:58:32
2	MASCARO ANTONIO	M45	00:41:36	00:05:20	00:36:16	00:53:23	00:05:20	00:48:03	00:43:01	00:05:20	00:37:41	02:02:00
3	RUBINO GIANLUCA	M35	00:39:41	00:02:00	00:37:41	00:51:02	00:02:00	00:48:02	00:41:03	00:02:00	00:39:03	02:04:46
4	CRESCENZI FEDERICO	M50	00:44:09	00:07:00	00:37:09	00:58:32	00:07:00	00:51:32	00:45:54	00:07:00	00:38:54	02:07:35
5	SVIZZERO NAZZARENO	M45	00:44:16	00:05:20	00:38:56	00:59:00	00:05:20	00:53:40	00:46:37	00:05:20	00:41:17	02:13:53
6	TRUEMAN STEPHEN	M50	00:47:05	00:07:00	00:40:05	01:01:19	00:07:00	00:54:19	00:48:09	00:07:00	00:41:09	02:15:33
7	ANTONELLI FABRIZIO	M50	00:47:03	00:07:00	00:40:03	01:01:26	00:07:00	00:54:26	00:49:06	00:07:00	00:42:06	02:16:35
8	FRANCESCHINI PIER LUIGI	M55	00:49:56	00:08:40	00:41:16	01:02:59	00:08:40	00:54:19	00:50:57	00:08:40	00:42:17	02:17:52
9	GHISU FRANCESCO	M45	00:45:45	00:05:20	00:40:25	01:01:04	00:05:20	00:55:44	00:47:26	00:05:20	00:42:06	02:18:15
10	CASTORO FRANCESCO	M35	00:45:04	00:02:00	00:43:04	00:57:29	00:02:00	00:54:29	00:43:21	00:02:00	00:41:21	02:18:54
11	MASCARO FABIO	M30	00:42:36	00:00:20	00:42:16	00:54:19	00:00:20	00:53:59	00:43:59	00:00:20	00:43:39	02:19:54
12	DI LORETO SERGIO	M40	00:46:31	00:03:40	00:42:51	00:59:33	00:03:40	00:55:53	00:46:03	00:03:40	00:42:23	02:21:07
13	PARISI IVAN	M40	00:46:46	00:03:40	00:43:06	01:00:31	00:03:40	00:56:51	00:48:12	00:03:40	00:44:32	02:24:29
14	PANTELLINI LUCA	M40	00:47:02	00:03:40	00:43:22	01:01:27	00:03:40	00:57:47	00:47:35	00:03:40	00:43:55	02:25:04
15	GISSI FRANCESCO	M50	00:51:02	00:07:00	00:44:02	01:06:45	00:07:00	00:59:45	00:51:41	00:07:00	00:44:41	02:28:28
16	TREMENDOZZI PIERLUIGI	M45	00:50:40	00:05:20	00:45:20	01:04:06	00:05:20	00:58:46	00:50:56	00:05:20	00:45:36	02:29:42
17	CRESCENZI FILIPPO	M45	00:49:30	00:05:20	00:44:10	01:05:28	00:05:20	01:00:08	00:51:28	00:05:20	00:46:08	02:30:26
18	PINNA RAIMONDO	M60	00:49:09	00:11:00	00:38:09	01:04:59	00:11:00	00:53:59			00:59:47	02:31:55
19	CARRILLO MANUEL	M70	00:52:32	00:16:00	00:36:32	01:14:17	00:16:00	00:58:17			00:59:47	02:34:36
20	VINTARI FULVIO	M45	00:53:59	00:05:20	00:48:39	01:07:38	00:05:20	01:02:18	00:50:16	00:05:20	00:44:56	02:35:53
21	LOGIOTATOS COSTANTINO	M50	00:47:58	00:07:00	00:40:58	01:02:12	00:07:00	00:55:12			00:59:47	02:35:57

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Pos		Categ	Granai			Appia Run			Sulle orme di Enea			Totale
			Realtime	Abbuono	Tempo calc	Realtime	Abbuono	Tempo calc	Realtime	Abbuono	Tempo calc	
22	FASTELLI MARCO	M30	00:43:17	00:00:20	00:42:57	00:57:29	00:00:20	00:57:09			00:59:47	02:39:53
23	DI SIENA GIUSEPPE	M70	01:03:32	00:16:00	00:47:32	01:20:36	00:16:00	01:04:36	01:03:54	00:16:00	00:47:54	02:40:02
24	NICOLO' FRANCESCO	M70	00:57:53	00:16:00	00:41:53	01:16:23	00:16:00	01:00:23			00:59:47	02:42:03
25	TOZZI STEFANO	M35	00:45:33	00:02:00	00:43:33	01:02:01	00:02:00	00:59:01			00:59:47	02:42:21
26	IORIO STEFANO	M45	00:50:24	00:05:20	00:45:04	01:03:14	00:05:20	00:57:54			00:59:47	02:42:45
27	BONDANESE GIULIO	M50	00:53:58	00:07:00	00:46:58	01:14:13	00:07:00	01:07:13	00:57:12	00:07:00	00:50:12	02:44:23
28	FORCELLA GIANLUCA	M40	00:48:13	00:03:40	00:44:33	01:04:55	00:03:40	01:01:15			00:59:47	02:45:35
29	RAPONI ROBERTO	M40	00:52:43	00:03:40	00:49:03	01:10:07	00:03:40	01:06:27	00:53:53	00:03:40	00:50:13	02:45:43
30	DELLE ROSE FRANCO	M45	00:49:27	00:05:20	00:44:07	01:07:23	00:05:20	01:02:03			00:59:47	02:45:57
31	BIZZARRI NICOLA	M35			01:12:56	00:54:41	00:02:00	00:51:41	00:43:23	00:02:00	00:41:23	02:46:00
32	LA CAMERA GIANLUCA	M40	00:50:21	00:03:40	00:46:41	01:05:09	00:03:40	01:01:29			00:59:47	02:47:57
33	IACOBELLI MAURO	M35	00:42:28	00:02:00	00:40:28			01:29:02	00:42:15	00:02:00	00:40:15	02:49:45
34	BENINCASA MARIO	M45			01:12:56	01:01:36	00:05:20	00:56:16	00:46:10	00:05:20	00:40:50	02:50:02
35	PONICIAPPI GIANPIERO	M40	00:51:47	00:03:40	00:48:07	01:05:53	00:03:40	01:02:13			00:59:47	02:50:07
36	MOSTARDA FRANCESCO	M40	00:51:01	00:03:40	00:47:21	01:07:04	00:03:40	01:03:24			00:59:47	02:50:32
37	PICCA BRUNO	M55	00:55:06	00:08:40	00:46:26	01:14:17	00:08:40	01:05:37			00:59:47	02:51:50
38	SCARAVONATI FABIO	M35			01:12:56	01:07:23	00:02:00	01:04:23	00:48:01	00:02:00	00:46:01	03:03:20
39	D'AMICO PAOLO	M40	00:52:32	00:03:40	00:48:52			01:29:02	00:53:27	00:03:40	00:49:47	03:07:41
40	DONATI LUCA	M45	00:58:37	00:05:20	00:53:17	01:21:10	00:05:20	01:15:50			00:59:47	03:08:54